

# Wishes, Dares, and How to Fight a Bully: Curriculum Guide on Bullying

## What is a bully?

-definition- A person who hurts, frightens, or terrorizes someone smaller and weaker.

Are bullies born or made? How can you “unmake” a bully? Discuss.

## What’s the difference between a bully and a villain?

- Does a villain have to bully others to get what he wants?

## How do people bully others?

- words, insults, name-calling, threats, spreading lies or rumors,
- physical means – hitting, throwing things at a person, pranks, tripping, pushing/shoving,

## How do bullies operate?

- They intimidate others when they are alone.
- pick on loners, shy or quiet child
- pick on someone when a group or crowd is present to egg them on
- a bully and his/her followers wait until no adults are around and victim is usually alone or with another victim.
- pick on someone smaller or younger
- does a bully need an audience to show off for? Will a bully “work alone”, without his followers?

## Personalities of bullies:

- popular kids vs unpopular kids
- kids who might be loners and are picked on or bullied at home
- kids who aren’t successful in school and act out in other ways to get attention
- kids who might not have friends and don’t know how to make friends

## Bullies from our favorite books: Brainstorm some popular bullies from literature (Drago Malfoy from Harry Potter)

- Do we like bullies who stay that way, or redeem themselves in the end?
- How do we feel about bullies who “get away with it”?
- How do we feel when bullies are punished?
- Can we “like” a bully character? Why or why not?
- How do we feel when the bully’s victim is no longer affected by the bully? In what stories do victims of bullying confront their bullies in a positive way? Brainstorm possible answers.
- **How did the characters in WISHES, DARES, AND HOW TO STAND UP TO A BULLY deal with a bully? Compare and contrast: Jack, Jill, Dad, Katy.**

**What are some positive ways to stop a bully or bullying?**

- Speaking up when you see someone being picked on.
- Defending those who get singled out.
- Treat others the way you wish to be treated.
- Don't laugh at people who are hurt, are different than you, have different beliefs, etc.

- **Brainstorm other possible answers.**